



Gateway Dentistry Group
201 – 11002, 104 Avenue
Grande Prairie, Alberta
T8V 7W5

Pre-operative Instructions for IV Sedation

- No food or drink (including water) past midnight day prior to your surgery, **UNLESS OTHERWISE SPECIFIED BY ANESTHESIOLOGIST/DENTIST**. In some cases specific instructions may be given regarding clear fluids. Otherwise, adhere to instructions as above. Clear fluids include water, apple juice and jello **ONLY. NO MILK OR ORANGE JUICE.**
- Take all prescribed meds with **small sip of water** at regular times **UNLESS OTHERWISE SPECIFIED BY ANESTHESIOLOGIST / DENTIST.**
- **All Nail Polish, Gel or Acrylic Nails need to be removed prior to IV Sedation appointment for accurate monitoring of vital signs. Ensure you leave all jewelry at home as a precaution.**
- Please wear comfortable, loose clothing (no pull over hoodies) and slip on shoes. We will need to easily access your arms for blood pressure monitoring.
- A responsible adult **MUST** drive you to and from our office for treatment. Under **NO** circumstances may you leave on your own by taxi or transit. Your surgery will be cancelled if you do not have a responsible adult to care for you. If you're seen driving away from the Lipon Professional Center, we are obligated to notify the R.C.M.P.
- Do **NOT** operate any motor vehicle or hazardous equipment for at least 24 hours after sedation.
- The use of alcohol and certain drugs 24 hours before and after may be **life endangering** and must be avoided. Smoking prior to and following dental surgery will delay your recovery.
- You may require a medical examination (pre-op physical) by your family doctor before the day of your dental appointment (Within 90 days), at the discretion of the Anesthesiologist/Dentist.
- **FAILURE TO COMPLY WITH THE ABOVE INSTRUCTIONS CAN RESULT IN SERIOUS ILLNESS OR DEATH.**
- In your own interest, and that of other patients, please notify this office if you develop a cold, influenza, sore throat or other infection shortly before your appointment. Your appointment may have to be rescheduled.
- Patients are required to pay a \$500.00 deposit to schedule an appointment that includes IV Sedation. This deposit is applied to the cost of treatment the day of service. If you cancel with less than 48 hours' notice, fail an appointment, or fail to follow the above instructions, the \$500.00 fee will be **NON-REFUNDABLE.**
- We must talk to you the day before your appointment to give you your arrival time and final instructions. **If you have not heard from us by 1:00pm the day prior please call the clinic at 780-539-3555 to confirm your appointment.** If you are scheduled on a Monday, please call our office Friday before 1:00pm to confirm your appointment.