



Gateway Dentistry Group  
201 - 11002, 104 Avenue  
Grande Prairie, Alberta  
T8V 7W5

### Pre-Operative Instructions for IV Sedation Diabetic/Hypoglycemic Adult

- No food or drink (including water) past midnight with the exception of up to 1 cup of clear fluids only (water, apple juice, broth, orange or yellow jello) up to 3 hours prior to your appointment. Absolutely nothing further to eat or drink, including water, 3 hours or less prior to appointment, **UNLESS OTHERWISE SPECIFIED BY ANESTHESIOLOGIST/ DENTIST. NO MILK OR ORANGE JUICE.**
- Take all prescribed medications with a **small sip of water** at regular times **UNLESS OTHERWISE SPECIFIED BY ANESTHESIOLOGIST / DENTIST.**
- Do not take Insulin or Oral Hypoglycemic Agents past midnight. **UNLESS OTHERWISE SPECIFIED BY ANESTHESIOLOGIST / DENTIST.**
- A responsible adult **MUST** drive you to and from our office for treatment. Under **NO** circumstances may you leave on your own or by taxi or transit. Your surgery could be cancelled if you do not have a responsible adult to care for you. If you're seen driving away from the Lipon Professional Center, we are obligated to notify the R.C.M.P.
- **All Nail Polish, Gel or Acrylic Nails need to be removed prior to IV Sedation appointment for accurate monitoring of vital signs.** Please wear comfortable, loose clothing (no pull over hoodies) and slip on shoes. We will need to easily access your arms for blood pressure monitoring.
- Do **NOT** operate any motor vehicle or hazardous equipment for at least 24 hours after sedation.
- The use of alcohol and certain drugs 24 hours before and after may be **life endangering** and must be avoided. Smoking prior to and following dental surgery will delay your recovery.
- You may require a medical examination (pre-operative physical) by your family doctor before the day of your dental appointment (within 90 days), at the discretion of the Anesthesiologist/Dentist
- **FAILURE TO COMPLY WITH THE ABOVE INSTRUCTIONS CAN RESULT IN SERIOUS ILLNESS OR DEATH.**
- In your own interest, and that of other patients, please notify this office (780)539-3555 if you develop a cold, influenza, sore throat or other infection shortly before your appointment. Your appointment may have to be rescheduled.

#### Fees

- Patients are required to pay a \$500.00 deposit to schedule an appointment that includes IV Sedation. This deposit is applied to the cost of treatment the day of service. If you cancel with less than 48 hours' notice, fail an appointment, or fail to follow the above instructions, the \$500.00 fee will be **NON-REFUNDABLE.**
- We must talk to you the day before your appointment to give you your arrival time and final instructions. **If you have not heard from us by 1:00pm the day prior please call the clinic at (780)539-3555 to confirm your appointment.** If you are scheduled on a Monday, please call our office on Friday before 1:00 P.M. to confirm your appointment.